

EUREGENAS

The Development of Suicide Prevention Guidelines and Toolkits (Work Package 6)

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INTRODUCTION

Euregenas (European Regions Enforcing Actions Against Suicide) is a three-year project (2012-2014), which has received funding from the European Union under the Public Health Programme 2008-2013. The overall objective of the Euregenas project is to contribute to the prevention of suicidal behaviour in Europe through the development and implementation of strategies for suicide prevention at regional levels which can be of use to the European Community as examples of good practice.

Euregenas consists of **eight work packages** (WPs), including work package six (WP6) which aims at raising awareness on suicide prevention strategies by developing guidelines and suicide prevention packages for different stakeholders (e.g. schools, workplace, media) while focusing on different risk-groups (e.g. young people, middle-aged working men).

RESULTS

To meet the objectives, general guidelines for suicide prevention strategies will be developed. Furthermore, specific prevention packages (toolkits) will be developed for media, schools and the workplace in order to promote awareness raising (see figure 1). In five participating regions sustainable regional networks on suicide prevention will be established to support the development and implementation of the guidelines and toolkits for prevention.

METHOD

The Euregenas project brings together **15 partners from 11 regions** with diverse experiences in suicide prevention to promote the creation of sustainable networks involving health and other public authorities as well as non-health stakeholders and civil society.

The guidelines and prevention packages will be based on a review of literature and good practices and on a needs analysis of key stakeholders which will be examined in the broader framework of Euregenas.

Furthermore, regional networks will be established in five participating regions to support the development and implementation of these packages. The networks will involve policy-makers, public health experts, community players and stakeholders in the field of suicide prevention.

Figure 1: Deliverables of WP 6



All guidelines and toolkits will be available in 5 languages and disseminated at the final Euregenas conference in December 2014, targeting local, regional and national levels. All information and final deliverables will be available on the website:

www.euregenas.eu

CONCLUSION

The aim of the Euregenas project, and of this specific WP6, is to contribute to the prevention of suicidal behaviour in Europe, through the development of suicide prevention guidelines and toolkits for different key stakeholders.